



Progressive Community Services

SOCIAL RESOURCES

Aging

SCAN FOR
MORE
RESOURCES



Joyce Ray Patterson Senior Center

Facility for citizens over the age of 50 to work out, socialize, and participate in different programs and activities

When: Varies by activity

Where: 100 S 10th Street, St. Joseph, MO

More Information: Visit <https://www.stjosephmo.gov/251/Joyce-Raye-Patterson-50-Activity-Center> or contact (816) 271-4666

Saint Joseph Public Library

Various activities, including book clubs, bingo nights, classes and crafts for adults

Cost: Free

When: Varies by activity

Where: Varies by activity

More Information: <https://sjpl.librarymarket.com/events/>



InterServ Senior Nutrition Programs

Places where seniors age 60 and over can come to eat a lunch and socialize

Cost: Free, donation appreciated

When: Monday through Friday at 10:30 am to noon

Where: InterServ Community Center, 5400 King Hill Avenue, St. Joseph, Missouri 64504 and Wesley Senior Towers, 1002 Francis Street, St. Joseph, 64504

More Information: <https://www.faithfullyserving.org/seniors>

Freudenthal Center for Parkinson's

Free programs for individuals with Parkinson's or other neurological conditions to work on exercise

When: Ongoing, almost daily

Where: East Hills Mall, 3702 Frederick, St. Joseph, MO

More Information: Visit <https://www.freudenthalhh.com/fcpd> or contact (816) 676-8050